

October 13, 2021

I just thought I'd ramble a little bit here about what's been going on with me this week as far as the entity attachment situation goes. I'll try not to get too caught up in backstory, in telling backstory. I realized that in my blog post/articles I often rehash my whole backstory and how this entity attachment situation all began for me. This is fine, the only issue is that I don't know how to summarize it very well, or at least I haven't been summarizing it very well for the most part. I mean I have a message to put out there, that is about this particular danger of EVP recording and also other forms of spirit communication ...where one is trying to communicate with beings from beyond our physical plane of existence. I realized that often, when I had some topic I wanted to write a blog post about, I would get caught up with re-telling my backstory, and what I wanted to talk about kind of gets lost in a sense. Or at least I don't flush out the topic as much as I intended to because I start rehashing everything. As I said, I do this because I do have a message to convey, but also I always think that if this was the first blog post that somebody came across on my blog, well they might not be able to put things into context if I don't give them a little backstory. The key there is "a little backstory" ... not just rambling on over and over again. So I'm just giving myself a little self-criticism as a writer here.

But just to keep the backstory brief, when I say entity attachment, I'm referring to my own entity attachment situation which began in 2015 after I was communicating with spirits ....or otherworldly beings for two months during the winter of 2015, and it led to a nightmarish situation. To sum it up, some of the voices that I was communicating with on my EVP recordings at that time... came out of the recordings. That's how it happened. At first I was hearing their voices on the recordings, then I started hearing their voices outside of the recordings ...then I started experiencing physical/bodily sensations.... I started to feel their physical presence.

In the early days, I was being tormented and bombarded continuously by multiple menacing voices, but as of today... I'm primarily hearing one voice, one remaining voice. Unfortunately, this remaining voice that I am still hearing has always been the main voice, the main tormentor. Though I will say that this voice has mellowed out to a degree since 2015. However, the situation is still a very intrusive one ...it's very violating in many ways. This entity follows me everywhere. There's still no sense of privacy anywhere close to how I once knew back before this all started. How I took all of that for granted back then. This remaining voice that I hear is a female voice, the voice sounds like that of a young woman and though she didn't really seem to be big on names in the beginning, sometime around 2017... she started telling me that her name was Crystal.

So there's my brief summary, my introduction, my backstory for this blog post. Now to what's been happening. I haven't had any extreme incidents this week with the exception that I experienced quite a powerful shout attack the other night. This is something that Crystal does

every once in a while. It happens when I'm in bed at night waiting to fall asleep. Out of the blue, I'll hear Crystal's voice shout right in my face, or right into one of my ears, or sometimes it seems more internal... like it's a shout inside of my head. I often refer to this as something akin to being punched by a voice, because it's very sudden, it sends a jolt through my body, there's almost a kind of violence to it. This particular shouting tactic is something that Crystal has used often for the past few years. I've said this before in previous blog post....as bad as things were in the beginning (in 2015) when all of these entities were tormenting me, for the life of me I don't recall getting hit with these shouts like this back then. It seemed to be something that they started doing around 2017 - 2018.

For Crystal in particular, since she's the one that's around me the most, it seemed like something that she learned to do ...some new ability that had she gained. I haven't been experiencing these shouts all that much this year. Maybe I'll experience them every few weeks or so, but compared to the past, it doesn't seem like she's been using this particular tactic as much this year, but she still uses it every now and again. The shout that I was hit with the other night was quite a strong one. When I experience the shouts, I don't think Crystal's even saying anything or maybe just a single word or two. I often don't even pick up if she's saying anything ...it's just so sudden. I don't think conveying a message is really the intention of these shouts. I think it's the shout itself, the suddenness of it ....the disturbance it causes me when I'm trying to sleep, that's the real intention behind it.

Aside from this incident, Crystal has been going heavy again with the identity mind game. I try not to listen, but especially at night some of the content that she's chattering about gets through and this week it's been a lot of talk where I'm hearing her talk about extraterrestrials one minute, and then angels and Lucifer the next. As I've written previously, she likes to flip-flop claims about her identity, she made a kind of mind game out of it. She generally sticks to three main categories, she'll claim to be some kind of extraterrestrial or alien or astral being. Then she'll start talking along religious lines and I'll hear her refer to herself as an angel, or Lucifer's angel, and then at other times, she claims to be of human origin. I don't think I've been hearing her saying much about the human claim, at least not these past few days. For the past few days, she's definitely been flip-flopping around with the extraterrestrial or the demon/angel claim a lot more. I gave up trying to figure her out a long time ago. So none of what she says is really having much of an impact on me. Yes, she keeps going with his mind game however. I think more than anything, she's trying to grab my interest, get me wondering again about it. I admit that it's hard not to sometimes, and I'm sure that I still do on some level. Yet, as I said.. I'm not affected or disturbed by anything that I hear from her. I take it all with a grain of salt because I very much should. She doesn't stick to the same story.